



6th International Meeting on Imagery Rescripting

REGISTRATION and CALL FOR SUBMISSIONS

We are excited to announce that the 6th International Meeting on Imagery Rescripting will take place on **19-20 March 2026 in Poznań (Poland)** at the SWPS University campus.

Please mark your calendars, and please share this call within your relevant networks!!

Here's the lineup of **distinguished speakers** for our event:

- **Prof. Arnoud Arntz & Dr. Sophie Rameckers:** *IREM-Freq Study: Session Frequency and Treatment Effectiveness of EMDR Compared to Imagery Rescripting*
- **Dr. Georgie Paulik-White:** *Changing the Inner Picture: Transforming Suicidal Imagery Through Imagery Rescripting*
- **Dr. Remco van der Wijngaart:** *Workshop on imagery rescripting*
- **Prof. Konrad Piotrowski:** *Parental Suffering in Times of Uncertainty: Foundations of the Cognitive-Developmental Model of Parenthood Regret*

Full detailed schedule to follow.

**** Please register by contacting us at imrs2026@swps.edu.pl ****

Participation is free of charge, but registration is mandatory for organizational purposes

**** Please submit an abstract to imrs2026@swps.edu.pl before 31 December 2025! ****

We welcome a wide range of submissions. See submission types below:

Brief oral presentations (15 min incl. questions)

Research presentations Please submit a brief abstract including Presenter details, Title, Background, Methods, Results and Discussion. Indicate "brief research presentation".

Clinical presentations by clinicians may include successful or unsuccessful ImRs cases, new ideas on best practices, clinical challenges and solutions, etc. Please submit a brief abstract including Presenter details, Title, and the aim and take-home message. Indicate "brief clinical presentation".

Combined research and clinical presentations (30 min incl. questions)

We encourage researchers and clinicians to co-present on a clinical ImRs study or ImRs topic, e.g. the researcher may present the design/study results and the clinician who treated patients in the study shares their experiences. Please submit a brief abstract including Presenter details, Title, aim and outline of the presentation. Indicate "combined presentation".

Posters

Please submit a brief abstract including Presenter details, Title, Background, Methods, Results and Discussion. Clearly indicate "poster".

Masterclasses (90 min)

Offer an in-depth exploration of a specialized ImRs topic, focusing on the integration of theory, research, and therapeutic application. Masterclasses should provide an opportunity for skill development, case-based discussion, and critical reflection on challenges. Please submit a brief abstract including Presenter details, Title, learning goals and an outline of the program. Clearly indicate "masterclass".

We look forward to your contributions and hope to see you in Poznań!

Jarek Michałowski, Julie Krans & Muriel Hagenaars